

CONSIDERING YOUR OPTIONS:

10 THINGS YOU SHOULD KNOW

1. You can reach a CHS social worker **24 hours a day, 365 days a year**, on our emergency cell phone at (800) 247-2888.
2. CHS's trained social workers will help you understand **all** of your options. **The ultimate choice is yours.**
3. Our counseling with you is always **confidential**.
4. We will provide support and counseling while you consider your options, and we can provide services even after the birth of your baby.
5. We will meet you wherever you feel most comfortable.
6. If you are considering parenting your child but feel overwhelmed, we can provide referrals, resources, support, and education for you every step of the way.
7. If you are unable to care for your child and need short-term assistance, one of our trained temporary infant care families will care for your child while we help you reach your personal goals—so your child can be returned to you.
8. If you are considering adoption for your child, a CHS social worker will guide and support you throughout the process.
9. If you are planning adoption for your baby, you have the option to place with a relative, a family you choose, or a family approved by our agency.
10. You can decide how much you want to know about the family who will adopt your baby. CHS follows a strict process to make sure the family is well prepared to be good parents and to love and nurture your child.