

KID'S CLUB: WINTER 2017



SKY ZONE



ARTIST-FOR-A-DAY



CONNECTING STRONG FAMILIES :
ADOPTIVE PARENT eCOMMUNITY

CHS Kid's Club is a day of fun and adoption awareness for children who all share the experience of having been adopted or in foster care. This provides an opportunity to relax and relate to other kids and teens who have a shared connection. Our staff guides children through a mix of activities that are fun and adoption-focused, and encourage relationship- and skill-building. Parents have the opportunity to provide their child with a day in an environment in which they feel included and where trained staff can ensure their needs are met in a healthy way.

PRESIDENT'S DAY KID'S CLUB – MONDAY FEBRUARY 20TH

JUMP AND JOURNAL!

Our group will spend our morning bouncing, dodging, and dunking our way through the obstacles and trampolines at Sky Zone. Fun for kids, teens, and adults alike, this trampoline park offers different zones and a challenge-by-choice atmosphere.

In the afternoon we will put our creative skills to the test. A local artist will be leading us through the process of creating our very own journals. With walls lined with supplies for decoration and personalization, this will be a fun way to spend a creative afternoon. Plus, each of our participants will come home with their very own masterpiece!

NEW CHS RESOURCE FOR FAMILIES:

CONNECTING STRONG FAMILIES: ADOPTIVE PARENT eCOMMUNITY

If it's 3am and your struggles with your child's behavior are keeping you awake, who can you talk to? Well, we hope soon, you can talk to each other!

As parents of children from hard places, we know that support from other families that understand your family is critically important. Initiated from feedback we received from our families, and based on research and best practices, we are proud to announce we will be launching a supportive online network for adoptive families. This group, **Connecting Strong Families: Adoptive Parent eCommunity**, will be accessed via Facebook and be available to all our families and other families who have adopted or are in the process of adopting. To respect the privacy of our families, the group will only be available to adoptive families who have been approved by a CHS staff member. Interested in growing your supportive network online? Learn more by emailing Sara Buckheit, Post Adoption Program Manager, at sara@chsva.org.

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PARENT INFORMATION

DROP OFF: 7:30AM-8:30AM PICK UP: 4:00PM-5:00PM

WHERE: CHS : 4701 MARKET STREET, SUITE F,
FREDERICKSBURG, VA 22408

Staff or trained volunteers will transport children to and from the activity that day. In order to get in a full day of play and adoption support, please drop off your children during the designated time. We encourage our parents to utilize one another for carpooling purposes. There will be an option on the registration form if you wish to have your information shared for this purpose.

COST: \$20

This program is supported by a generous grant from the Virginia Department of Social Services; fees collected are used to cover the cost of transportation only. Payment can be made in advance or the day of the trip at drop off. Please provide exact cash (no change available) or check made out to CHS with 'Kid's Club' in the memo.

Participants will bring their own lunches to each Kid's Club to preserve as much time as possible for fun.

AGES: ATTENDEES 6-18, COUNSELORS-IN-TRAINING 16-21

For each Kid's Club we will be breaking into smaller groups based on age. If you have a teen or young adult who is interested in helping in a leadership role, they will have the option of participating as a Counselor in Training (C.I.T.). This involves pairing with a staff member to lead the adoption activities and be a role model to younger children throughout the day. We recognize the growth our teens and young adults have made and value their input about their own experiences with adoption. Please contact Sara Buckheit, Post Adoption Social Worker, to apply as a C.I.T.

WHY ATTEND KID'S CLUB?

Kid's Club is a benefit to adoptive families!

1ST Children and teens are given a rare opportunity to interact with others who are adopted; to feel connection versus isolation and a sense of belonging instead of being different.

2ND Staff will conduct 2 therapeutic activities during the day to help children deepen their understanding of adoption and increase their strengths and coping skills.

3RD Parents can rest easy and take a day off knowing their children and teens are being cared for by our adoption-competent and trauma-informed staff.

4TH Kid's Club participation will increase your connection to CHS and our adoption network.

Registration forms will be available online:
<http://chsva.org/events/events/>

If you have any questions or want help determining if this is a good fit for your child or teen, please contact:

Sara Buckheit, sara@chsva.org or

(804) 353-0191 ext. 200.